



Other Home Based Services Offered by COA

FROZEN MEALS

Frozen meals are offered to potential Meals on Wheels / home delivered meal clients in the following situations:

- There is no current meal route available in the area or it is at capacity;
- And Client is able to safely heat up frozen meals

Frozen meals *do not* meet 1/3 RDA requirements and are not approved by a licensed nutritionist. These meals are frozen from saved meals prepared at WCSC for congregate clients.

Liquid Nutritional Supplements

Liquid supplements are offered to clients only when approved by their primary care physician. We provide one case per month which must be picked up at one of our senior centers.

These are usually offered when a potential client:

- Has a limited diet that our meal program can not accommodate
- Has unexplained weighted loss
- Is unable to eat anything but soft foods, due to illness

Contacts for Home Based Services

Felicia Pope, Home Based Services Manager, 742-3975 ext 238
Jeannie Ellington, Programs Operations Manger, 742-3975 ext 221
Barbara Woody, Program Data Specialist, 742-3975 ext 245

You may also make referrals for service by contacting

Phyllis Reid, CRC, Information and Referrals, Caregiver Support, 542-4512 ext 225
Brett Moraes, Information and Referral Specialist, 542-4512 ext 231